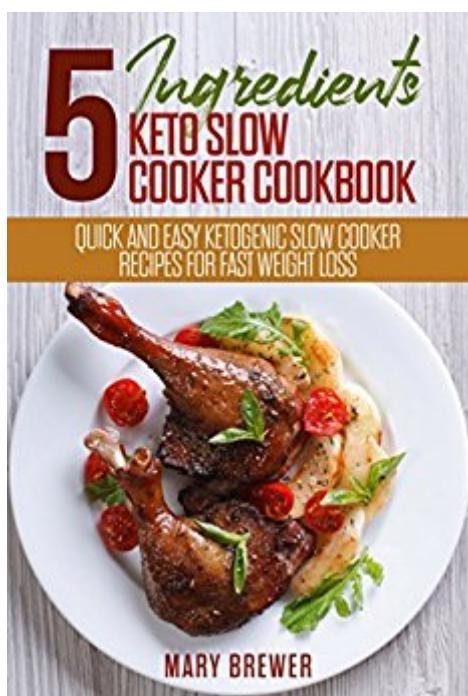


The book was found

5 Ingredients Keto Slow Cooker Cookbook: Quick And Easy Ketogenic Slow Cooker Recipes For Fast Weight Loss



Synopsis

Making homemade meals after a long strenuous day at work is something that can become overwhelming. Slow cookers allow you to go home with food not only ready for you to eat, but also still healthy and tasty at the same time. All you have to do is to prepare only 5 ingredients in the morning, put all of them in the slow cooker and leave it. In this book, you will be treated to more than 60 easy and simple ketogenic recipes that you can make in your slow cooker, and melt away fat off your body and keep it off. Now let's get cooking. Scroll back up and grab your copy today!

Book Information

File Size: 1287 KB

Print Length: 76 pages

Simultaneous Device Usage: Unlimited

Publication Date: July 14, 2017

Sold by: Digital Services LLC

Language: English

ASIN: B073YB2YBJ

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #32,948 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #23 in Books > Cookbooks, Food & Wine > Cooking Methods > Budget #29 in Kindle Store > Kindle Short Reads > Two hours or more (65-100 pages) > Cookbooks, Food & Wine #36 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Special Diet > Low Carb

Customer Reviews

Such an informative book. A lot of important information about Slow Cooker has been gathered in this book. I was actually impressed by how much useful information is squeezed in such a short book. Author has described every single thing very clearly with some proper explanations. By reading this book I learned some delicious recipes. Such an excellent book. Highly recommended.

The recipes are easy to read and follow but this is NOT a Keto cookbook. Canned soup, Beans, Pineapple, bottled Barbeque sauce and salad dressing are all used as ingredients. The carbohydrate counts are VERY high in some of the recipes. I think I will be returning this one.

this book has some recipes that look delicious. I find that the nutritional information must be off in some of the recipes so I am unsure how well this might fit in a keto diet. Other recipes contain items that may be paleo, but not keto (according to my limited keto knowledge). The book will come in handy on busy days this fall :) I have the Kindle version

This is a great cookbook based on the ketogenic diet. It has many great recipes and I tried some of them, I was amazed of how good they tasted. Awesome cookbook!

They are on my meal plan every week since getting this cookbook! Thanks for giving me a great resource to take care of my family!

I have purchased a lot of cookbooks. Better than the first. I use this almost daily!

I've made several recipes, and they've all been a hit. My picky daughters loved the recipes.

Love this book. We have made most of the recipes and they all turn out great.

[Download to continue reading...](#)

KETO SLOW COOKER: 120 Delicious, Quick and Easy Ketogenic Slow Cooker Recipes (keto, ketogenic, ketogenic cookbook, slow cooker, slow cooking, ketogenic ... weight loss, paleo, low carb, cleanse) VEGAN KETO: The 120 most delicious vegan ketogenic recipes for weight loss and healthy living (ketogenic diet, vegan, keto, keto diet, ketogenic, ketosis, keto cookbook, ketogenic cooking) Slow Cooker Recipes: 2,000 Delicious Slow Cooker Recipes Cookbook (Slow Cooker Recipes, Slow Cooker Cookbook, Slow Cooker Chicken Recipes, Slow Cooker Soup Recipes) Ketogenic Slow Cooker Recipes: 200 keto Slow Cooker (Crock Pot) Recipes, Chef Approved, Delicious Low Carb Slow Cooker Recipes, For Super Fast Weight Loss , Quick and easy Recipes for Healthy Living Ketogenic Diet: Ketogenic Diet: Eat Fat Get Thin: Keto: 100+ Easy Ketogenic Diet Recipes For Extreme Weight Loss. The Ketogenic Diet Beginners Guide To ... Keto, Ketosis, Weight Loss, Ketogenic Diet) 5 Ingredients Keto Slow Cooker Cookbook: Quick And Easy Ketogenic Slow Cooker Recipes For Fast Weight Loss Crock Pot: Everyday Crock Pot and Slow

Cooker Recipes for Beginners(Slow Cooker, Slow Cooker Cookbook, Slow Cooker, Slow Cooker Cookbook, Crockpot Cookbook, ... Low Carb) (Cookbook delicious recipes 1) Thai Slow Cooker Cookbook: 51 Classic Thai Slow Cooker Recipes with Step By Step Procedure (Thai Recipes, Thai Slow Cooker Recipes, Thai Slow Cooker Cookbook, ... Cooker, Simple Thai Cookbook, Thai Cooking) Ketogenic: 6-in-1 Ketogenic Diet Box Set: Lose Weight Till Spring With 110 Ketogenic Recipes: (Ketogenic Diet, Ketogenic Plan, Weight Loss, Weight Loss Diet, Beginners Guide) Ketogenic Diet For Beginners: Simple and Fun 3 Weeks Diet Plan for the Smart (Ketogenic Diet, Weight Loss, Keto Diet, Fat Loss, Ketogenic, Health, Fitness, Ketogenic Diet For Weight Loss) Ketogenic Diet: Over 100 Pressure Cooker Recipes - The Essential Quick And Easy Ketogenic Pressure Cooker Cookbook: Ketogenic Cookbooks, Ketogenic Diet Books, Keto Diet Book (2nd) Slow Cooker: Ketogenic Diet: 92 Ketogenic, Low Carb, Healthy, Delicious, Easy Recipes: Cooking and Recipes for Weight Loss - 2nd Edition (Low Carbohydrate, ... Watchers, Ketogenic cookbook, Keto Diet) The 10 Day Ketogenic Cleanse: The Metabolism Booster Your Body Needs To Burn Fats (keto diet, high fat diet, ketogenic diet for weight loss, fat loss, ketogenic, ketogenic, ketogenic diet) Ketogenic Diet: Ketogenic Diet Weight Loss Made Super Simple (Ketogenic Diet, Ketogenic cookbook, Ketogenic food, Ketogenic diet cookbook) (Volume 1) Paleo Slow Cooker: Healthy Delicious Paleo Diet Slow Cooker Recipes for Your Family (Slow cooker recipes, Low carb diet, Paleo diet recipes, Paleo Cookbook, Ketogenic Diet, Ketogenic recipes) Ketogenic Diet: 55 Budget-Friendly Recipes to Lose Weight. A Low Carb Cookbook for Beginners. (Ketogenic recipes, Ketogenic Cookbook for Weight Loss, Ketogenic Cookbook for beginners) Vegan Ketogenic: The Complete Low-Carb Vegan Ketogenic Diet and Recipe Guide (Recipe plans, protein, carb, keto, keto living, healthy living, fast weight loss, weight loss, burn and lose belly fat) Ketogenic Diet: 144 Ketogenic, Healthy, Delicious, Easy Recipes: Cooking and Recipes for Weight Loss and Fat Loss (Low Carb, Lose Fat, Low Carbohydrate, ... Eating, Ketogenic Cookbook, Keto Diet) Slow Cooker Soup Recipes: 50 Most Delicious & Healthy Slow Cooker Soup Recipes for Better Health and Easy Weight Loss (Soup Recipes, Chicken Soup, Soup Cookbook, Slow Cooker Soup Recipes) Ketogenic Diet: 60 Delicious Slow Cooker Recipes For Fast Weight Loss (Ketogenic Slow Cooker, Low Salt Cookbook Book 1)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

FAQ & Help